

MODEL NO. KOR-9GPB

MICROWAVE OVEN USER MANUAL



DESUK_KOR-9GPB7S42.indd 2



Customer Helpline Number : 01189 252577 Spare Parts : 0844 557 0290 or www.4daewoo.co.uk / DAEWOO ELECTRONICS Web Site www.daewooelectronics.co.uk

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ABOUT YOUR MICROWAVE



» NTRODUCTION

You have chosen a Daewoo Microwave Oven.

Daewoo offers a variety of quality products that would make your life more comfortable.

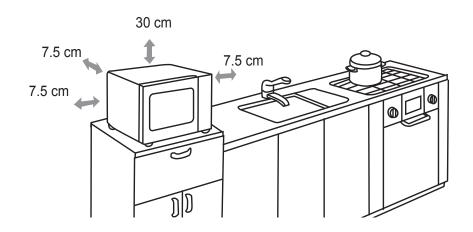
Please read the user manual very carefully before starting to use the appliance.

Just for your information, the manual also provides recipes. Enjoy cooking!

ABOUT YOUR MICROWAVE

>>> Before first use

- Put the microwave on a solid, flat surface.
- Ensure that there is adequate ventilation around the microwave. Keep 30 cm of space free at the top. At the back and sides, keep at least 7.5 cm free.
- Do not cover the ventilation openings.
- The adjustable feet may not be removed.
- Do not place the microwave in the vicinity of heat sources.
- Broadcasting and transmitting equipment such as radios and TVs can affect the working of the microwave.
- Remove the accessories from the microwave and clean them with a mild cleaning agent. Then put the frame back on the shaft.



Please note

NOTE

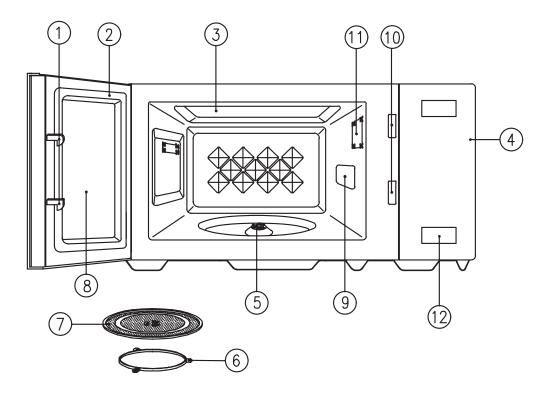
: Always use the microwave with the frame on the shaft together with a turntable! Put a heat-resistant dish with 200 ml of water in the microwave. Turn the function dial and select 'oven'. Set the time to 5 minutes and press the Start button. This will remove any protective grease used during manufacture. When the 5 minutes are finished, allow the microwave to cool down, and clean the microwave with warm water. The microwave is now ready for use.

When you heat the microwave to a high temperature for the first time, you will notice a <u>'new-oven smell'</u>. Don't worry, this is normal. If desired, switch on the cooker hood or open a window.

* The minimum height of free space necessary above the top surface of the oven is minimum 170mm.

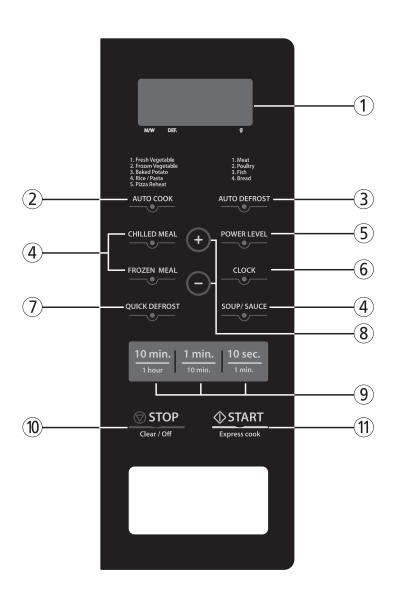
Cabinet materials must be suitable to withstand temperatures up to 90°C.

»Features diagram



- 1. Door latch When the door is closed, it will automatically shut off. If the door is opened while the oven is operating, the magnetron will automatically shut off.
- 2. Door seal The door seal surfaces prevent microwaves escaping from the oven cavity.
- 3. Oven cavity
- 4. Control panel
- **5. Coupler** This fits over the shaft in the center of the oven cavity floor. This is to remain in the oven for all cooking.
- 6. Roller guide This must always be used for cooking together with the glass cooking tray.
- **7. Glass cooking tray** Made of special heat resistant glass. The tray must always be in proper position before operating. Do not cook food directly on the tray.
- 8. Viewing screen Allows viewing of food. The screen is designed so that light can pass through, but not the microwave.
- 9. Waveguide cover Protects the microwave outlet from splashes of cooking foods.
- 10. Safety interlock system
- 11. Oven lamp Automatically turns on during oven operating.
- 12. Door open button To open the door push the door open button.

»Control panel



Ъ BUTTONS

- 1. Display Cooking time, power level, indicators and the current time are displayed.
- 2. Auto Cook Used to cook or reheat many of favorite food.
- 3. Auto Defrost Used to defrost foods for weight.
- 4. One Touch Cook Used to cook or reheat specific quantities of food.
- 5. Power Level Used to set power level.
- 6. Clock Used to set clock.
- 7. Quick Defrost Used to defrost food very quickly.
- 8. Up/Down Used to set weight of food.
- **9. Time Set Pad** Used to set the cooking time and the current time.
- **10. Stop/Clear/off** Used to stop the oven operation or to delete the cooking data or to turn off the display.
- **11. Start/Express cook** Used to start the oven and also to set express cook. (each press adds 30 seconds to microwave cooking time)

»Operation procedure

This section includes useful information about oven operation.

- **1.** Plug power supply cord into 220-240V AC 50Hz power outlet.
- **2.** After placing the food in a suitable container, open the oven door and put it on the glass tray. The glass tray and roller guide must always be in place during cooking.
- 3. Close the door. Make sure that it is firmly closed.
- 4. The oven door can be opened at any time during operation by pulling the door handle. The oven will automatically shut off. To restart the oven, close the door and then touch the START pad.
- 5. The oven automatically cooks on full power unless set to a lower power level.
- 6. The display will show ": 0" when the oven is plugged in.
- 7. Time clock returns to the present time when the cooking time ends.
- **8.** When the STOP/CLEAR pad is touched during the oven operation, the oven stops cooking and all information retained. To erase all information(except the present time), touch the STOP/CLEAR pad once more. If the oven door is opened during the oven operation, all information is retained.
- **9.** If the START pad is touched and the oven does not operate, check the area between the door and door seal for obstructions and make sure the door is closed securely. The oven will not start cooking until the door is completely closed or the program has been reset.

Make sure the oven is properly installed and plugged into the electrical outlet.

WATTAGE OUTPUT CHART

• The power-level is set by touch the Power Level pad. The chart shows the display, the power level and the percentage of power.

Touch the Power pad	Power level (Display)	Approximate Percentage of Power
once	P-HI	100%
twice	P-90	90%
3 times	P-80	80%
4 times	P-70	70%
5 times	P-60	60%
6 times	P-50	50%
7 times	P-40	40%
8 times	P-30	30%
9 times	P-20	20%
10 times	P-10	10%
11 times	P-00	0%

CONTROLS

» Setting the clock

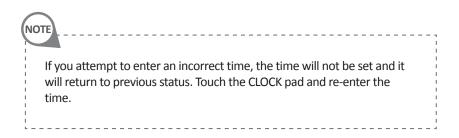
When the oven is first plugged in, the display will flash ":0". If the AC power ever goes off, the display shows ":0" when the power comes back on.



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FROZEN MEAL	\sim	CLOCK
	(-)	
	\sim	\sim
QUICK DEFROST		SOUP/ SAUCE
^		

- 1. Touch the CLOCK pad. This is a 12 hour clock system.
- 2. Touch the CLOCK pad once more. This is a 24 hour clock system.
- 3. Enter the correct time of day by touching the TIME SET pads in sequence.
- 4. Touch the CLOCK pad.

The display stops blinking, and the colon starts blinking. If you selected 12 hour clock system, this digital clock allows you to set from 1:00 to 12:59. If you selected 24 hour clock system, this digital clock allows you to set from 0:00 to 23:59



» Defrosting automatically

To thaw frozen food, set the weight of the food and the microwave automatically sets the defrosting time, power level.



- 1. Touch the AUTO DEFROST pad to set the item. Touch the AUTO DEFROST pad repeatedly to select the item you want. (Refer to the AUTO DEFROST chart below)
- 2. Touch the Up/Down pad to set the weight of the food.
- 3. Touch the START pad to start defrosting.
- 4. The calculates the defrosting time and during the defrosting, the oven will beep to let you to turn the food over.Open the door, turn the food over and touch the START pad to resume defrosting.

[AUTO DEFROST chart]

Touch pad	Item	Display	Weight	Utensil	Remark
Once	Meat	Ad - 1	200g ~ 2000g	flat plate the food over when the c	Shield the edges with aluminium foil. Turn
Twice	Poultry	Ad - 2	200g ~ 2000g		the food over when the oven beeps. After
3 times	Fish	Ad - 3	200g ~ 2000g		defrosting, let stand for 20~60min.
4 times	Bread	Ad - 4	100g ~ 500g		Sliced bread, Buns, Baguette, etc Turn the food over when the oven beeps. After defrosting, let stand for 1-2 min.

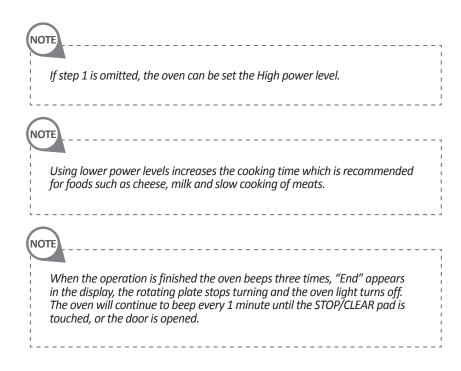
CONTROLS

»Setting cooking times & power levels



- Touch the Power level pad to set the power level.
 Touch the Power level pad repeatedly to select the power level you want.
- 2. Touch the Time set pad to set the cooking times. You can set the time up to 59 minutes 90 seconds.

3. Touch the START pad to start cooking.



» Express cooking

EXPRESS COOK allows you to reheat for 30 seconds at 100% (full power) by simply touching the START / Express cook pad. By repeatedly touching the START / Express cook pad, you can also extend reheating time to 5 minutes by 30 seconds.



1. Touch the START / Express cook pad.

When you touch the START / Express cook pad, ":30" appears the oven starts reheating. When the cooking time ends, you will hear 3 beeps.

»Auto cook

To thaw frozen food, set the weight of the food and the microwave automatically sets the defrosting time, power level.



- 1. Touch the AUTO COOK pad to set the item. Touch the AUTO COOK pad repeatedly to select the item you want. (Refer to the AUTO COOK chart below)
- 2. Touch the Up/Down pad to set the weight of the food.
- 3. Touch the START pad to start Auto Cooking.

[AUTO COOK chart]

Touch pad	Item	Display	Weight	Remark						
Once	Fresh Vegetable	Ad - 1	200g ~ 400g	Trim and wash the mixed vegetables. Place them in the round dish. Add to 2 tbsp. water cover with wrap.						
Twice	Frozen Vegetable	Ad - 2	200g ~ 400g	Places the vegetables in the round dish. Add to 2 tbsp. water cover with wrap.						
3 times	Baked Potato	Ad - 3	1 ~ 3ea	Choose medium sized potatoes 200g ~ 250g wash and pierce potatoes with a fork. Place them on the turntable.						
					Wash rice, Drain water. Place rice & boiling water with 1/4 to1teaspoon salt in a deep and large bowl.Weight100g200g300gCover					
										water Rice 180ml 330ml 480ml o
4 times	Rice/Pasta	Ad - 4	100g~ 300g	Pasta 400ml 800ml 1200ml x * Rice - After cooking, stand covered for 5 minutes until water is a absorbed. * Pasta - During the cooking, stir several times. After cooking, stand for 1 or 2 minutes with cover. Rinse pasta with water.						
5 times	Pizza Reheat	Ad - 5	1 ~ 3 pieces	 Use only refrigerated foods. Put the pizza on a microwave-safe plate with wide end of slice towards the outside edge of the plate. Do not let slices overlap. Do not cover. Before serving, let stand 1~2min. 						

CONTROLS

»Quick defrost

Use this function to thaw only 500g of minced meat very quickly. This will require a standing time to allow the center to thaw.



- 1. Touch the Quick defrost pad to set defrosting.
- Touch the START pad to start defrosting quickly. The oven calculates the defrosting time. During the defrosting, the oven will beep to let you to turn the food over. Open the door, turn the food over and touch the START pad to resume defrosting.

»Chilled meal



- 1. Touch the CHILLED MEAL pad. The display shows "A--1".
- 2. Touch the Up/Down pad to set the weight of the food. You can set a weight from 300g to 500g every 100g.
- 3. Touch the START pad to start cooking.

»Frozen meal



- 1. Touch the FROZEN MEAL pad. The display shows "A--2".
- 2. Touch the Up/Down pad to set the weight of the food. You can set a weight from 300g to 500g every 100g.
- 3. Touch the START pad to start cooking.

»Soup/sauce



- 1. Touch the SOUP/SAUCE pad. The display shows "A--3".
- 2. Touch the Up/Down pad to set the weight of the food. You can set a weight from 200g to 400g every 100g.
- 3. Touch the START pad to start cooking.

»Child safety lock

The safety lock prevents unwanted oven operation such as by small children. To set, touch and hold the STOP/CLEAR pad for 3 seconds. To cancel, touch and hold the STOP/CLEAR pad for 3 seconds.

>> How to stop the oven while the oven is operating

- 1. Touch the STOP/CLEAR pad.
 - You can restart the oven by touching the START pad.
 - Touch the STOP/CLEAR once more to erase all instructions.
 - You must enter in new instructions.
- 2. Open the door.
 - You can restart the oven by closing the door and touching the START pad.

Oven stops operating when door is opened.

»Display off.

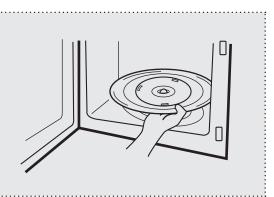
- 1. Touch the STOP/CLEAR/off pad. ":0" or clock appears in the display.
- 2. Touch the STOP/CLEAR/off pad once more. The display will turn off and a beep sounds.
- 3. To turn on the display touch the any pad or open the door. When the display is on and a beep sounds. The oven is again available for normal use.

»Care of your microwave oven

The oven should be cleaned regularly and any food deposits removed. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

- 1. Turn the oven off before cleaning.
- Keep the inside of the oven clean. When food spatters or spilled liquids adhere to oven walls, wipe with a damp cloth. Mild detergent may be used if the oven gets very dirty. The use of harsh detergent or abrasives is not recommended.
- 3. The outside oven surface should be cleaned with soap and water, rinsed and dried with a soft cloth. To prevent damage to the operating parts inside the oven, water should not be allowed to seep into the ventilation openings.
- 4. If the Control Panel becomes wet, clean with a soft, dry cloth. Do not use harsh detergents or abrasives on Control Panel.
- 5. If steam accumulates inside or around the outside of the oven door, wipe with a soft cloth. This may occur when the microwave oven is operated under high humidity conditions and in no way indicates malfunction of the unit.
- 6. It is occasionally necessary to remove the glass tray for cleaning. Wash the tray in warm sudsy water or in a dishwasher.
- 7. The roller guide and oven cavity floor should be cleaned regularly to avoid excessive noise.

Simply wipe the bottom surface of the oven with mild detergent water or window cleaner and dry. The roller guide may be washed in mild sudsy water.



ROLLER GUIDE

- 1 The ROLLER GUIDE and oven floor should be cleaned frequently to prevent excessive noise.
- 2 The ROLLER GUIDE MUST ALWAYS be used for cooking together with the Glass Tray.

GLASS TRAY

- 1 DO NOT operate the oven without the Glass Tray in place.
- 2 DO NOT use any other Glass Tray with this oven.
- 3 If Glass Tray is hot, ALLOW TO COOL before cleaning or placing it in water.
- 4 DO NOT cook directly on the Glass Tray. (Except for popcorn)

Glass Tray Roller Guide

» Before you call for service

Refer to following checklist, you may prevent an unnecessary service call.

* The oven doesn't work :

- 1. Check that the power cord is securely plugged in.
- 2. Check that the door is firmly closed.
- 3. Check that the cooking time is set.
- 4. Check for a blown circuit fuse or tripped main circuit breaker in your house.
- 5. If microwave has been used for a pro-longed period the Thermal Cut-Out sensor may of powered down the microwave. Allow microwave to cool down with the door open.

* Sparking in the cavity;

- 1. Check utensils. Metal containers or dishes with metal trim should not be used.
- 2. Check that metal skewers or foil does not touch the interior walls.

If there is still a problem, contact the service station.

A list of these stations is included in the oven.

»Care and cleaning

Although your oven is provided with safety features, it is important to observe the following:

- 1. It is important not to defeat or tamper with safety interlocks.
- 2. Do not place any object between the oven front face and the door or allow residue to accumulate on sealing surfaces. Wipe the sealing area frequently with a mild detergent, rinse and dry. Never use abrasive powders or pads.
- 3. When opened, the door must not be subjected to strain, for example, a child hanging on an opened door or any load could cause the oven to fall forward to cause injury and also damage to the door. Do not operate the oven if it is damaged, until it has been repaired by a competent service technician. It is particularly important that the oven closes properly and that there is no damage to the: i) Door(bent).
 - ii) Hinges and Hookes(broken or loosened).
 - iii) Door seals and sealing surfaces.
- 4. The oven should not be adjusted or repaired by anyone except a properly competent service technician.
- 5. The oven should be cleaned regularly and any food deposits removed.
- 6. Failure to maintain the oven in a clean condition could lead to deterioration of the surface that could adversely affect the life of the appliance and possibly result in a hazardous situation.

»Cooking instructions

Utensil Guide

Only use utensils that are suitable for use in microwave ovens.

To cook food in the microwave oven, the microwaves must be able to penetrate the food, without being reflected or absorbed by the dish used. Care must therefore be taken choosing the utensil. If the utensil is marked microwave-safe, you do not need to worry. The following table lists various of utensil and indicates whether and how they should be used in a microwave oven.

Utensil	Safe	Comments
Aluminium foil		Can be used in small quantities to protect areas against overcooking. Arcing can occur if the foil is too close to the oven wall or if too much foil is used.
Crust plate	•	Do not preheat for more than 8minutes.
China and earthenware	•	Porcelain, pottery, glazed earthenware and bone china are usually suitable, unless deco-rated with a metal trim.
Disposable polyester cardboard dishes	٠	Some frozen foods are packaged in these dishes.
 Fast-food packaging Polystyrene cups containers Paper bags or newspaper Recycled paper or metal trims 	• × ×	Can be used to warm food. Overheating may cause the polystyrene to melt. May catch fire. May cause arcing.
Glassware • Oven-to-table ware • Fine glassware • Glass jars	•	Can be used, unless decorated with a metal trim. Can be used to warm foods or liquids. Delicate glass may break or crack if heated suddenly. Must remove the lid. Suitable for warming only.
Metal • Dishes • Freezer bag twist ties	× ×	May cause arcing or fire.
Paper Plates, cups, napkins and Kitchen paper Recycled paper 	• ×	For short cooking times and warming. Also to absorb excess moisture. May cause arcing. Do not leave microwave unattended and monitor cooking.
Plastic • Containers • Cling film • Freezer bags	•	Particularly if heat-resistant thermoplastic. Some other plastics may warp or discolour at high temperatures. Do not use Melamine plastic. Can be used to retain moisture. Should not touch the food. Take care when removing the film as hot steam will escape. Only if boilable or oven-proof. Should not be airtight. Prick
Wax or grease-proof paper	•	with a fork, if necessary.Can be used to retain moisture and prevent spattering.

• : Recommended use

▲ : Limited Use

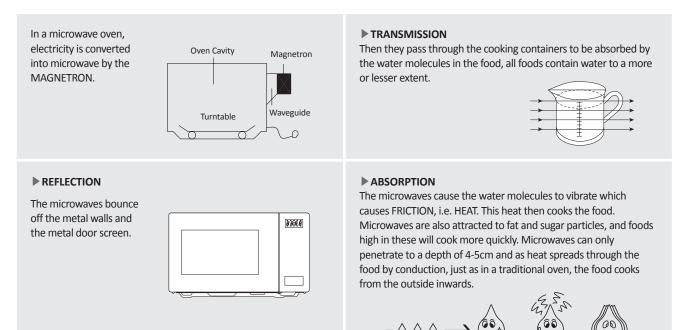
X : Not Recommended

» MICROWAVING PRINCIPLES

Microwave energy has been used in this country to cook and reheat food since early experiments with RADAR in World War II. Microwaves are present in the atmosphere all the time, both naturally and manmade sources. Manmade sources include radar, radio, television, telecommunication links and car phones.

>> HOW MICROWAVES COOK FOOD

Microwave oven is a Group 2 ISM equipment in which radio frequency energy is intentionally generated and used in the form of electromagnetic radiation for the treatment of material. This oven is a Class B equipment suitable for use in domestic establishments and in establishments directly connected to a low voltage power supply network which supplies buildings used for domestic purposes.



»Conversion charts

WEIGHT MEASURES		VOLUME	MEASURES	SPOON N	/IEASURES
15 g 25 g 50 g 100 g 175 g 225 g	¹ /2 oz. 1 oz. 2 oz. 4 oz. 6 oz. 8 oz.	30 ml 100 ml 150 ml 300 ml 600 ml	1 fl.oz. 3 fl.oz. 5 fl.oz. (¹ /4 pt) 10 fl.oz. (¹ /2 pt) 20 fl.oz. (1pt)	1.25 ml 2.5 ml 5 ml 15 ml	1/4 tsp 1/2 tsp 1 tsp 1 tbsp

Microwave

Water Molecule

Absorption

Vibration

FLUID MEASUREMEN	TS	
1 Cup	= 8 fl.oz.	= 240 ml
1 Pint	= 16 fl.oz. (UK 20 fl.oz.)	= 480 ml (UK 560 ml)
1 Quart	= 32 fl.oz. (UK 40 fl.oz.)	= 960 ml (UK 1120 ml)
1 Gallon	= 128 fl.oz. (UK 160 fl.oz.)	= 3840 ml (UK 4500 ml)

»COOKING TECHNIQUES

STANDING TIME

Dense foods e.g. meat, jacket potatoes and cakes, require standing time(inside or outside of the oven) after cooking, to allow heat to finish conducting to cook the centre completely. Wrap meat joints and jacket potatoes in aluminium foil while standing. Meat joints need approx. 10-15 minutes, jacket potatoes 5 minutes. Other foods such as plated meal, vegetables, fish etc require 2-5 minutes standing. After defrosting food, standing time should also be allowed. If food is not cooked after standing time, return to the oven and cook for additional time.

MOISTURE CONTENT

Many fresh foods e.g. vegetables and fruit, vary in their moisture content throughout the season, particularly jacket potatoes. For this reason cooking times may have to be adjusted. Dry ingredients e.g. rice, pasta, can dry out during storage so cooking times may differ.

DENSITY

Porous airy foods heat more quickly than dense heavy foods.

CLING FILM

Cling film helps keep the food moist and the trapped steam assists in speeding up cooking times. Pierce before cooking to allow excess steam to escape. Always take care when removing cling film from a dish as the build-up of steam will be very hot.

SHAPE

Even shapes cook evenly. Food cooks better by microwave when in a round container rather than square.

SPACING

Foods cook more quickly and evenly if spaced apart. NEVER pile foods on top of each other.

STARTING TEMPERATURE

The colder the food, the longer it takes to heat up. Food from a fridge takes longer to reheat than food at room temperature.

LIQUIDS

All liquids must be stirred before and during heating. Water especially must be stirred before and during heating, to avoid eruption. Do not heat liquids that have previously been boiled. DO NOT OVERHEAT.

TURNING & STIRRING

Some foods require stirring during cooking. Meat and poultry should be turned after half the cooking time.

ARRANGING

Individual foods e.g. chicken portions or chops, should be placed on a dish so that the thicker parts are towards the outside.

QUANTITY

Small quantities cook faster than large quantities, also small meals will reheat more quickly than large portions.

PIERCING

The skin or membrane on some foods will cause steam to build up during cooking. These foods must be pierced or a strip of skin should be peeled off before cooking to allow the steam to escape. Eggs, potatoes, apples, sausages etc, will all need to be pierced before cooking. DO NOT ATTEMPT TO BOIL EGGS IN THEIR SHELLS.

COVERING

Cover foods with microwave cling film or a lid. Cover fish, vegetables, casseroles, soups. Do not cover cakes, sauces, jacket potatoes or pastry items.

» DEFROSTING GUIDE

- Do not defrost covered meat. Covering might allow cooking to take place. Always remove outer wrap and tray. Use only containers that are microwave-safe.
- Begin defrosting whole poultry breast-side-down. Begin defrosting roasts fat-side-down.
- The shape of the package alters the defrosting time. Shallow rectangular shapes defrost more quickly than a deep block.
- After 1/3 of the defrost time has elapsed, check the food. You may wish to turn over, break apart, rearrange or remove thawed portions of the food.
- During defrost, the oven will prompt you to turn the food over. At this point, open oven door and check the food. Follow the techniques listed below for optimum defrost results. Then, close oven door, touch the START pad to complete defrosting.
- When defrosted, food should be cool, but softened in all areas. If still slightly icy, return to microwave oven very briefly, or let stand a few minutes. After defrosting, allow food to stand 5-60 minutes if there are any icy areas.

Poultry and fish may be placed under running cool water until defrosted

- Turn over : Roast, ribs, whole poultry, turkey breasts, hot dogs, sausages, steaks, or chops.
- Rearrange : Break apart or separate steaks, chops, hamburger patties, ground meat, chicken or seafood pieces, chunks of meat such as stew beef.
- Shield : Use small strips of aluminum foil to protect thin areas or edges of unevenly shaped foods such as chicken wings. To prevent arcing, do not allow foil to come within 1-inch of oven walls or door.
- *Remove* : To prevent cooking, thawed portions should be removed from the oven at this point. This may shorten defrost time for food weighing less than 3 lbs.(1350g).

Item & Weight	Defrosting Time	Standing Time	Special Techniques
BEEF Minced beef 1 lb./450g	7-10 min.	15-20 min.	Break apart and remove thawed portions with fork.
Stew Meat 1 ¹/2 lbs./675g	11-15 min.	25-30 min.	Separate and rearrange once.
Patties 4(4oz./110g)	7-9 min.	15-20 min.	Turn over after half the time.
PORK Spareribs 1 lb./450g	6-9 min.	25-30 min.	Separate and rearrange once.
Chops 4(5oz./125g)	7-10 min.	25-30 min.	Separate and turn over once.
Minced pork 1 lb./450g	7-10 min.	15-20 min.	Break apart and remove thawed portions with fork.
POULTRY Whole Chicken 2 ¹ /2 lbs./1125g	21-25 min.	45-90 min.	Break side down. Turn over after half the time. Shield as needed.
Chicken Breasts 1 lbs./450g	8-11 min.	15-30 min.	Separate and rearrange once.
Fryer Chicken(cut up) 2 lbs./900g	17-21 min.	25-30 min.	Separate and rearrange once.
Chicken Thights 1 ¹/2 lbs./675g	12-16 min.	15-30 min.	Separate and rearrange once.
FISH & SEAFOOD Whole Fish 1 lb./450g	6-8 min.	15-20 min.	Turn over after half the time. Shield as needed.
Fish Fillets 1 1/2 lb./675g	10-12 min.	15-20 min.	Separate and turn over once.
Shrimp ¹/2 lb./225g	3-4 min.	15-20 min.	Separate and rearrange once.

DEFROSTING CHART (by Time Defrost)

* The times are approximate because freezer temperatures vary.

» DEFROSTING GUIDE

Cooking chart

Item		Power Level	Cooking Time Per Ib./450g	Special Instruction
MEAT				
Beef joint	-Rare	P-80	6-8 min.	- Chilled meat and poultry should be
	-Medium	P-80	7-9 min.	removed from the refrigerator at least 30 minutes before cooking.
	-well done	P-80	9-11 min.	- Always let the meat and poultry stand,
Pork Joint		P-HI	10-13 min.	covered after cooking.
Bacon joint		P-HI	8-10 min.	
POULTRY				
Whole chicken		P-HI	4-9 min.	
Portions chicken		P-80	5-7 min.	
Breast (boned)		P-80	6-8 min.	
FISH				
Fish Fillets		P-HI	3-5 min.	- Brush a little oil or melted butter over
Whole Mackerel, Cleaned and prepared		P-HI	3-5 min.	the fish, or add 15~30ml(1-2 tbsp) lemon juice, wine, stock, milk or water. - Always let the fish stand, covered, after
Whole Trout, Cleaned & Prepared		P-HI	4-6 min.	cooking
Salmon steaks	5	P-HI	4-6 min.	

NOTE : The above times should be regarded only as a guide. Allow for difference in individual tastes and preferences. The times may vary due to the shape, cut, and composition of the food. Frozen meat, poultry and fish must be thoroughly thawed before cooking.

»COOKING & REHEATING CHART

Reheating chart

- Baby food particularly needs to be checked carefully before serving to prevent burns.
- When heating pre-packaged ready-cooked foods, always follow the pack instructions carefully.
- If you freeze foods which were bought from the fresh or chilled counters, remember that they should be thoroughly thawed before following the heating instructions on the packet. It's worth putting a note on them so that other members of the household will remember too.
- Remember to remove metal ties and transfer all food from foil containers before reheating.
- Chilled(refrigerated) food takes longer to reheat than food at room temperature (such as just-cooled food or food from the store cupboard).
- All foods should be reheated using full microwave power.

Item	Cooking time	Special Instructions
Baby food 128g jar	30 sec.	Empty into a small serving bowl. Stir well once or twice during heating. Before serving, check the temperature carefully.
Baby milk 100ml / 4fl.oz. 225ml / 8fl.oz.	30-60 sec. 50-60 sec.	Stir or shake well and pour into a sterilized bottle. Before serving, shake well and check the temperature carefully.
Sandwich roll or bun 1 roll	3-40 sec.	Wrap in paper towel and place on glass microwaveable rack. *Note : Do not use recycled paper towels as it may contain metal particles.
Lasagne 1 serving (10 ¹ /2 oz./300g)	6-8 min.	Place lasagne on microwaveable plate. Cover with plastic wrap and vent.
Casserole 1 cup 4 cups	3-5 min. 7-10 min.	Cook covered, in a microwaveable dish. (casserole) Stir once halfway through cooking.
Mashed potatoes 1 cup 4 cups	2-4 min. 7-9 min.	Cook covered, in a microwaveable dish. (casserole) Stir once halfway through cooking.
Baked beans 1 cup	3-4 min.	Cook covered, in a microwaveable dish. (casserole) Stir once halfway through cooking.
Ravioli or pasta in sauce 1 cup 4 cups	3-4 min. 9-10 min.	Cook covered, in a microwaveable dish. (casserole) Stir once halfway through cooking.

»VEGETABLE CHART

Use a suitable glass pyrex bowl with lid. Add 30-45ml cold water(2-3 tbsp.) for every 250g unless another water quantity is recommended - see table. Cook covered for the minimum time - see table.

Continue cooking to get the result you prefer. Stir once during and once after cooking. Add salt, herbs or butter after cooking. Cover during a standing time of 3 minutes.

Hint : cut the fresh vegetables into even sized pieces. The smaller they are cut, the quicker they will cook. All vegetables should be cooked using full microwave power.

Vegetables	Weight	Time	Comments
Broccoli	1/2 lb./250g 1 lb./500g	2 1/2 - 4 min 4 1/2 - 6 min	Prepare even sized florets. Arrange the stems to the centre.
Brussels sprouts	1/2 lb./250g	3 1/2 - 5 min	Add 60-75ml(5-6tbsp.) water.
Carrots	1/2 lb./250g	2 1/2 - 4 min	Cut carrots into even sized slices.
Cauliflower	1/2 lb./250g 1 lb./500g	2 1/2 - 4 min 4 1/2 - 6 min	Prepare even sized florets. Cut big florets into halves. Arrange stems to the centre.
Courgettes	1/2 lb./250g	2 1/2 - 4 min	Cut courgettes into slices. Add 30ml(2tbsp.) water or a knob of butter. Cook until just tender.
Aubergine (Eggplant)	1/2 lb./250g	2 1/2 - 4 min	Cut aubergine into small slices and sprinkle with 1 tablespoon lemon juice.
Leeks	1/2 lb./250g	2 1/2 - 4 min	Cut leeks into thick slices.
Mushrooms	0.3 lb./125g 1/2 lb./250g	1 1/2 - 3 min 2 1/2 - 5 min	Prepare small whole or sliced mushrooms. Do not add any water. Sprinkle with lemon juice. Spice with salt and pepper. Drain before serving.
Onions	1/2 lb./250g	2 1/2 - 4 min	Cut onions into slices or halves. Add only 15ml(1tbsp.) water.
Pepper	1/2 lb./250g	2 1/2 - 5 min	Cut pepper into small slices.
Potatoes	1/2 lb./250g 1 lb./500g	4 - 6 min 7 - 9 min	Weigh the peeled potatoes and cut them into similar sized halves or quarters.
Turnip cabbage	1/2 lb./250g	4 - 6 min	Cut turnip cabbage into small cubes.

Cooking Guide for fresh vegetables

Cooking Guide for frozen vegetables

Vegetables	Weight	Time	Comments
spinach	0.3 lb./125g	1 - 2 min	Add 15ml(1tbsp.) cold water.
broccoli	1/2 lb./250g	2 1/2 - 4 min	Add 30ml(2 tbsp.) cold water.
Peas	1/2 lb./250g	2 1/2 - 4 min	Add 15ml(1 tbsp.) cold water.
Green beans	1/2 lb./250g	3 - 5 min	Add 30ml(2t tbsp.) cold water.
Mixed vegetables (carrots/peas/corn)	1/2 lb./250g	2 1/2 - 4 min	Add 15ml(1ttbsp.) cold water.
Mixed vegetables (Chinese style)	1/2 lb./250g	3 - 5 min	Add 15ml(1 tbsp.) cold water.

» Use your microwave oven safely

General Use

- Do not attempt to defeat or tamper with safety interlocks.
- Do not place any object between the oven front frame and the door or allow residue to build up on sealing surfaces. Wipe with a mild detergent, rinse and dry. Never use abrasive powders or pads.
- Do not subject the oven door to strain or weight such as a child hanging on an open door.
- This could cause the oven to fall forward resulting in injury to you and damage to the oven.
- Do not operate the oven if door seals or sealing surfaces are damaged; or if door is bent; or if hinges are loose or broken.
- Do not operate the oven empty. This will damage the oven.
- Do not attempt to dry clothes, newspapers or other materials in the oven. They may catch on fire.
- Do not use recycled paper products as they may contain impurities which may cause sparks or fires.
- Do not hit or strike the control panel with hard objects. This can damage the oven.

Food

- Never use your microwave oven for home canning. The oven is not designed for proper home canning. Improperly canned food may spoil and be dangerous to consume.
- Always use the minimum recipe cooking time. It is better to undercook rather than overcook foods.
- Undercooked foods can be returned to the oven for more cooking. If food is overcooked, nothing can be done.
- Heat small quantities of food or foods with low moisture carefully. These can quickly dry out, burn or catch on fire.
- Do not heat eggs in the shell. Pressure may build up and eggs can explode.
- Potatoes, apples, egg yolks and sausages are examples of food with non-porous skins.
- These must be pierced before cooking to prevent bursting.
- Do not attempt to deep fat fry in your microwave oven.
- Always allow a standing time of at least 20 seconds after the oven has been switched off to allow the temperature to even out, stir during heating, if necessary, and ALWAYS stir after heating. To prevent eruptive boiling and possible scalding, you should put a spoon or glass stick into the beverages and stir before, during and after heating.
- Do not leave the oven unattended while popping corn.
- Do not pop corn in a paper bag unless it is the commercially prepared Microwave Popcorn product. The kernels can overheat and ignite a brown paper bag.
- Do not put packaged Microwave Popcorn bags directly on the oven tray. Place the package on a microwave safe glass or ceramic plate to avoid overheating and cracking the oven tray.
- Do not exceed the Microwave Popcorn manufacturers suggested popping time.
- Longer popping does not yield more popcorn but it can result in scorch, burn of fire. Remember, the Popcorn bag and tray can be too hot to handle. Remove with caution and use pot holders.

»Arcing

If you see arcing, touch the **STOP/CLEAR** *pad and correct the problem.* Arcing is the microwave term for sparks in the oven.

Arcing is caused by:

- Metal or foil touching the side of the oven.
- Foil not molded to food (upturned edges act like antennas).
- Metal, such as twist-ties, poultry pins, or gold rimmed dishes, in the microwave.
- Recycled paper towels containing small metal pieces being used in the microwave.

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- (a) Do not attempt to operate this oven with the door open since opendoor operation can result in harmful exposure to microwave energy. It is important not to defeat or tamper with the safety interlocks.
- (b) Do not place any object between the oven front face and the door or allow soil or cleaner residue to accumulate on sealing surfaces.
- (c) WARNING : If the door or door seals are damaged, the oven must not be operated until it has been repaired by a competent person : (1) door (bent), (2) hinges and latches(broken or loosened), (3) door seals and sealing surfaces.
- (d) WARNING : It is hazardous for anyone other than a competent person to carry out any service or repair operation that involves the removal of a cover which gives protection against exposure to microwave energy.
- (e) WARNING : Liquids and other foods must not be heated in sealed containers since they are liable to explode.
- (f) WARNING : This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children shall not play with the appliance. Cleaning and user maintenance shall not be made by children unless they are aged from 8 years and above and supervised.
- (g) WARNING : When the appliance is operated children should only use the oven under adult supervision due to the temperature generated. (if provided)

IMPORTANT SAFETY INSTRUCTIONS READ CAREFULLY AND KEEP FOR FUTURE REFERENCE

WARNING : To prevent fire, burns, electric shock and other warnings: Listed below are, as with all appliances, certain rules to follow and safeguards to assure high performance from this oven:

- 1. Do not use the oven for any reason other than food preparation, such as for drying clothes, paper, or any other nonfood items or for sterilizing purposes.
- 2. Do not use the oven when empty, this could damage the oven.
- 3. Do not use the oven cavity for any type of storage, such as papers, cookbook, cookware, etc.
- 4. Do not operate the oven without the glass tray in place. Be sure it is properly sitting on the rotating base.
- 5. Make sure you remove caps or lids prior to cooking when you cook food sealed in bottles.
- 6. Do not put foreign material between the oven surface and door. It could result in excessive leakage of microwave energy.
- 7. Do not use recycled paper products for cooking. They may contain impurities which could cause sparks and/or fires when used during cooking.
- 8. Do not pop popcorn unless popped in a microwave approved popcorn

popper or unless it's commercially packaged and recommended especially for microwave ovens. Microwave popped corn produces a lower yield than conventional popping; there will be a number of unpopped kernels. Do not use oil unless specified by the manufacturer.

- 9. Do not cook any food surrounded by a membrane, such as egg yolks, potatoes, chicken livers, etc., without first piercing them several times with a fork.
- 10. Do not pop popcorn longer than the manufacturer's directions. (popping time is generally below 3 minutes). Longer cooking does not yield more popped corn, it can cause scorchings and fire.
- 11. If smoke is observed, switch off or unplug the appliance and keep the door closed in order to stifle any flames.
- 12. When heating food in plastic or paper containers, keep an eye on the oven due to the possibility of ignition.

- 13. The contents of feeding bottles and baby food jars shall be stirred or shaken and the temperature checked before consumption, in order to avoid burns.
- 14. Always test the temperature of food or drink which has been heated in a microwave oven before you give it to somebody, especially to children or elderly people. This is important because things which have been heated in a microwave oven carry on getting hotter even though the microwave oven cooking has stopped.
- 15. Eggs in their shell and whole hardboiled eggs should not be heated in microwave ovens since they may explode, even after microwave heating has ended;
- 16. Keep the waveguide cover clean at all times. Wipe the oven interior with a soft damp cloth after each use. If you leave grease or fat anywhere in the cavity it may overheat, smoke or even catch fire when next using the oven.
- 17. Never heat oil or fat for deep frying as you cannot control the temperature and doing so may lead to overheating and fire.
- 18. Liquids, such as water, coffee, or tea are able to be overheated beyond the boiling point without appearing

to be boiling due to surface tension of the liquid. Visible bubbling or boiling when the container is removed from the microwave oven is not always present. THIS COULD RESULT IN VERY HOT LIQUIDS SUDDENLY BOILING OVER WHEN A SPOON OR OTHER UTENSIL IS INSERTED INTO THE LIQUID. To reduce the risk of injury to persons:

- a) Do not overheat the liquid.
- b) Stir the liquid both before and halfway through heating it
- c) Do not use straight-sided containers with narrow necks.
- d) After heating, allow the container to stand in the microwave oven for a short time before removing the container.
- e) Use extreme care when inserting a spoon or other utensil into the container.
- 19. This appliance is not intended for use by persons(including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- 20. Children should be supervised to ensure that they do not play with the appliance.

SAVE THESE INSTRUCTIONS

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» Earthing Instructions

This appliance must be earthed. In the event of an electrical short circuit, earthing reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a earthing wire with a earthing plug.

The plug must be plugged into an outlet that is properly installed and earthed.

WARNING: Improper use of the earthing plug can result in a risk of electric shock. Consult a qualified electrician or serviceman if the earthing instructions are not completely understood, or if doubt exists as to whether the appliance is properly earthed.

If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade earthing plug, and a 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord should be equal to or greater than the electrical rating of the appliance.

IMPORTANT

The wires in this mains lead fitted to this appliance are colored in accordance with the following code. Green-and-yellow : Earth Blue : Neutral Brown : Live As the colors of the wires in the mains lead of this appliance

As the colors of the wires in the mains lead of this appliance may not correspond with the colored markings identifying the terminals in your plug, proceed as follows : the wire which is colored green-and-yellow must be connected to the terminal in the plug which is marked with the letter 'E' or by the earth symbol or green-and-yellow. The wire which is colored blue must be connected to the terminal which is marked with the letter 'N' or colored black. The wire which is colored brown must be connected to the terminal which is marked with the letter 'L' or colored red.

WARNING : The appliance must be earthed.

>> NSTALLATION

1. Ventilation

Do not block air vents. If they are blocked during operation, the oven may overheat and eventually cause a failure. For proper ventilation, allow above 76mm of space between oven sides, rear and the minimum height of free space necessary above the top surface of the oven is 150mm.

2. Steady, flat location

This oven should be set on a steady, flat surface. This oven is designed for counter top use only.

The microwave oven shall not be placed in a cabinet unless it has been tested in a cabinet.

3. Leave space behind and side

All air vents should be kept a clearance. If all vents are covered during operation, the oven may overheat and, eventually, oven failure.

4. Away from radio and TV sets

Poor television reception and radio interference may result if the oven is located close to a TV, Radio antenna, feeder and so on. Position the oven as far from them as possible.

5. Away from heating appliance and water taps

Keep the oven away from hot air, steam or Splash when choosing a place to position it, or the insulation might be adversely affected and breakdowns occur.

6. Power supply

- Check your local power source. This oven requires a current of approximately 6 amperes, 220-240V 50Hz.
- Power supply cord is about 0.8 meters long.
- The voltage used must be the same as specified on this oven. Using a higher voltage may result in a fire or other accident causing oven damage. Using low voltage will cause slow cooking. We are not responsible for damage resulting from use of this oven with a voltage of ampere fuse other than those specified.
- If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard.

7. Examine the oven after unpacking for any damage such as:

A misaligned door, Broken door, A dent in cavity. If any of the above are visible, DO NOT INSTALL, and notify dealer immediately.

8. Do not operate the oven if it is colder than room temperature.

(This may occur during delivery in cold weather.) Allow the oven to become room temperature before operating.

Question And Answer

<u>Q: I accidentally ran my microwave oven without</u> <u>any food in it. Is it damaged?</u>

A : Running the oven empty for very a short time will not damage the oven. However, it is not recommended.

<u>Q: Can the oven be used with the tray or tray rack</u> removed?

A : No. Both the glass tray and roller guide must always be used in the oven before cooking.

Q: Can I open the door when the oven is operating?

A: The door can be opened anytime during the cooking operation. Then microwave energy will be instantly switched off and the time setting will maintain until the door is closed.

<u>Q: Why do I have moisture in my microwave oven</u> <u>after cooking?</u>

A : The moisture on the side of your microwave oven is normal. It is caused by steam from cooking food hitting the cool oven surface. Excess moisture should be dryed after use.

<u>Q: Does microwave energy pass through the viewing</u> screen in the door?

A : No. The metal screen bounces back the energy to the oven cavity. The holes are made to allow light to pass through. They do not let microwave energy pass through.

Q: Why do eggs sometimes pop?

A : When baking or poaching eggs, the yolk may pop due to steam build-up inside the yolk membrane. To prevent this, simply pierce the yolk with a toothpick before cooking. Never cook eggs without piercing their shells.

<u>Q: Why this standing time recommended after the</u> <u>cooking operation has been completed?</u>

A : Standing time is very important. With microwave cooking, the heat is in the food, not in the oven. Many foods build up enough internal heat to allow the cooking process to continue, even after the food is removed from the oven. Standing time for joints of meat, large vegetables and cakes is to allow the inside to cook completely, without overcooking the outside.

Q: What does "standing time" mean?

A : "Standing time" means that food should be removed from the oven and covered for additional time to allow it to finish cooking. This frees the oven for other cooking.

<u>Q: Why does my oven not always cook as fast as the</u> <u>microwave cooking guide says?</u>

A : Check your cooking guide again, to make sure you've followed directions exactly ; and to see what might cause variations in cooking time. Cooking guide times and heat settings are suggestions, to help prevent over-cooking... the most common problem in getting used to a microwave oven. Variations in the size, shape and weights and dimensions could require longer cooking time. Use your own judgement along with the cooking guide suggestions to check whether the food has been properly cooked just as you would do with a conventional cooker.

<u>Q: Will the microwave oven be damaged if it</u> operates while empty?

A : Yes. Never run it empty.

<u>Q: Can I operate my microwave oven without the</u> <u>turntable or turn the turntable over to hold a large</u> <u>dish?</u>

A : No. If you remove or turn over the turntable, you will get poor cooking results. Dishes used in your oven must fit on the turntable.

<u>Q: Is it normal for the turntable to turn in either</u> <u>direction?</u>

A : Yes. The turntable rotates clockwise or counterclockwise, depending on the rotation of the motor when the cooking cycle begins.

<u>Q: Can I pop popcorn in my microwave oven? How</u> <u>do I get the best results?</u>

A:Yes. Pop packaged microwave popcorn following manufacture's guidelines. Do not use regular paper bags. Use the "listening test" by stopping the oven as soon as the popping slows to a "pop" every 1 or 2 seconds. Do not repop unpopped kernels. Do not pop popcorn in glass cookware. Do not leave the microwave unattended when heating items with quick cooking times

<u>Q:I need a replacement part, such as a glass turn</u> <u>table.</u>

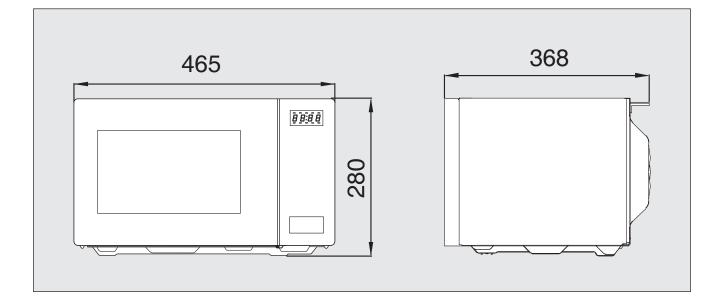
A : Call 0844 557 0290 / www.4daewoo.co.uk

TECHNICAL DATA

»Specifications

POWER SUPPLY		220-240V AC, 50Hz SINGLE PHASE WITH EARTHING	
MICROWAVE	INPUT POWER	1350 W	
	ENERGY OUTPUT	900 W	
	FREQUENCY	2,450MHz	
OUTSIDE DIMENSIONS (W x H x D)		465 x 280 x 368 mm	
CAVITY DIMENSIONS (W x H x D)		314 x 235 x 346 mm	
CAVITY VOLUME		26 L	
NET WEIGHT		APPROX. 11.5 Kg	
TIMER		59 min. 90 sec.	
POWER SELECTIONS		10 Levels	

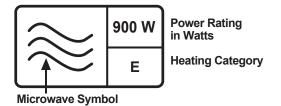
* Specifications are subject to change without notice.



MAFF rating

Explanation of the heating category label for microwave ovens and small packs of food (up to 500g / 1 lb, typical of ready meals for 1 or 2people) as agreed by MAFF (the Ministry of Agriculture Fisheries and Food) in conjunction with food and Microwave Oven manufacturers.

- 1. Always follow food manufacturers instructions when cooking ready meals.
- 2. Always ensure that food is piping hot before serving.





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ENVIRONMENTAL INFORMATION

» Disposal of used electrical & electronic equipment



The meaning of the symbol on the product, its accessory or packaging indicates that this product shall not be treated as household waste. Please, dispose of this equipment at your applicable collection point for the recycling of electrical & electronic equipments waste. In the European Union and Other European countries which there are separate collection systems for used electrical and electronic product. By ensuring the correct disposal of this product, you will help prevent potentially hazardous to the environment and to human health, which could otherwise be caused by unsuitable waste handling of this product. The recycling of materials will help conserve natural resources. Please do not therefore dispose of your old electrical and electronic equipment with your household waste. For more detailed information about recycling of this product, please contact your local city office, your household waste disposal service or the shop where you purchased the product.

»Recipes

TOMATO & ORANGE SOUP

1 oz.(25g) butter

1 medium onion, chopped 1 large carrot & 1 large potato, chopped 1³/4lb(800g) canned, chopped tomatoes juice and grated rind of 1 small orange 1¹/2pints(900ml) hot vegetable stock salt and pepper to taste

1. Melt the in a large bowl on P-HI for 1 minute.

- 2. Add the onion, carrot and potato and cook on P-HI for 3 minutes. stir halfway through cooking.
- 3. Add the tomatoes, orange juice, orange rind and stock. Mix thoroughly. Season with salt and pepper to taste. Cover the bowl and cook on P-HI for 17 minutes. stir 2-3 times during cooking, until the vegetables are tender.
- 4. Blend and serve immediately.

FRENCH ONION SOUP

- large onions, sliced
 tbsp (15ml) corn oil
 oz.(50g) plain flour
 pints(1.2 litres) hot meat or vegetable stock
 salt and pepper to taste
 tbsp (30ml) parsley, chopped
 thick slices French bread
- 2 oz.(50g) cheese, grated

STIR FRIED VEGETABLES

- 1 tbsp(15ml) sunflower oil
- 2 tbsp (30ml) soy sauce
- 1 tbsp (15ml) sherry
- 1"(2.5cm) root ginger,
- peeled and finely grated
- 2 medium carrots, cut into fine strips
- 4 oz.(100g) button mushrooms,
- chopped
- 2 oz.(50g) beansprouts
- 4 oz.(100g) mange-tout
- 1 red pepper, seeded and thinly sliced
- 4 spring onions, chopped
- 4 oz.(100g) canned water chestnuts, sliced
- $^{\scriptscriptstyle 1}\!/4$ head of chinese leaves, thinly sliced

HONEYED CHICKEN

- 4 boneless chicken breasts
- 2 tbsp(30ml) clear honey
- 1 tbsp(15ml) whole grain mustard
- ¹/2 tsp(2.5ml) dried tarragon
- 1 tbsp(15ml) tomato puree ¹/4 pint(150ml) chicken stock

- 1. Place the onion and oil a bowl, mix well and cook on P-HI for 1 minutes.
- 2. Stir in the flour to make a paste and gradually add stock. Season and add the parsley.
- 3. Cover the bowl and cook on P-70 for 18 minutes.
- 4. Pour the soup into serving bowls, submerge bread and sprinkle generously with cheese.
- 5. Cook on P-70 for 2 minutes, until the cheese has melted.
- 1. Place the oil, soy sauce, sherry, ginger, garlic and carrots in a large bowl, mix thoroughly
- 2. Cover and cook on P-HI for 5-7 minutes, stirring once.
- 3. Add the button mushrooms, beansprouts, mange-tout, red pepper, spring onions, water chestnuts and chinese leaves. Mix thoroughly.
- 4. Cook on P-HI for 6-8 minutes, until the vegetables are tender. Stir 2-3 times during cooking.

Stir fried vegetables are ideally served with meat or fish.

- 1. Place the chicken breasts in a casserole dish.
- 2. Mix all remaining ingredients together and pour over the chicken. Salt and pepper to taste.
- 3. Cook on P-HI for 16-18 minutes. Rearrange and coat the chicken with the sauce twice during cooking.

BLUE CHEESE & CHIVE JACKETS

2 baking potatoes, (approx.9 oz.(250g) each)
2 oz.(50g) butter
4 oz.(100g) blue cheese, chopped
1 tbsp(15ml) fresh chives, chopped
2 oz.(50g) mushrooms, sliced
salt and pepper to taste

- 1. Prick each potato in several places. Cook on P-HI for 7-9 minutes. Halve and scoop the flesh into a bowl, add the butter, cheese, chives, mushrooms, salt and pepper, mix thoroughly.
- 2. Pile mixture into the potato skins and place in a flan dish.
- 3. Cook on P-50 for 12 minutes.

melted.

WHITE SAUCE

1 oz.(25g) butter 1 oz.(25g) plain flour ¹/2 pint(300ml) milk salt and pepper to taste

STRAWBERRY JAM

1¹/2 lb.(675g) strawberries, hulled 3 tbsp(45ml) lemon juice 1¹/2 lb.(675g) caster sugar

1. Place the butter in a bowl and cook on P-HI for 1 minute, until

2. Stir in the flour and whisk in the milk. Cook on P-HI for 4-5

minutes, stirring every 2 minutes until thick and smooth.

- Place strawberries and lemon juice in a very large bowl, heat on P-HI for 4 minutes, or until the fruit has softened. Add sugar, mix well.
- 2. Cook on P-70 for 20-25 minutes, until setting point*is reached, stir every 4-5 minutes.
- 3. Pour into hot, clean jars. Cover, seal and label.

Season with salt and pepper to taste.

* setting point : To determine setting point, place 1 tsp(5ml)jam onto chilled saucer. Allow to stand for 1 minute. Move surface of jam gently with your finger, if the surface wrinkles setting point has been reached.

PLAIN MICROWAVE CAKE

4 oz.(100g) margarine 4 oz.(100g) sugar 1 eggs 4 oz.(100g) self raising flour, sifted 2-3 tbsp(30-45ml) milk

1. line the base of 8" (20.4cm) cake dish with grease-proof paper.

- Cream the margarine and sugar together until light and fluffy. Beat in the eggs and fold in the sifted flour alternately with the milk.
- 3. Pour into prepared container. Cook on P-HI for 4-5 minutes, until a skewer comes out cleanly.
- 4. Leave the cake to stand for 5 minutes before turning out.

OMELETTES

1/2 oz.(15g) butter4 eggs6 tbsp(90ml) milksalt & pepper

- 1. Whisk together eggs and milk.
- 2. Place butter in 10"(26cm) flan dish. Cook on P-HI for 1 minute, until melted. Coat the dish with the melted butter.
- Pour omelette mixture into flan dish. Cook on P-HI for 5 minutes. whisk mixture and cook again on P-HI for 1 minutes.

SCRAMBLED EGG

¹/2 oz.(15g) butter 2 eggs 2 tbsp(30ml) milk salt & pepper

- 1. Melt the butter in a bowl on P-HI for 1 minute.
- 2. Add the eggs, milk and seasoning and mix well.
- 3. Cook on P-HI for 4 minutes, stirring every 30 seconds.

SAVOURY MINCE

1 small onion, diced 1 clove garlic, crushed 1 tsp(5ml) oil 7 oz.(200g) can chopped tomatoes 1 tbsp(15ml) tomato puree 1 tsp(5ml) mixed herbs 8 oz.(225g) minced beef salt and pepper

- 1. Place onion, garlic and oil in casserole, and cook on P-HI for 2 minutes or until soft.
- 2. Place all other ingredients in casserole. Stir well.
- 3. Cover and cook on P-HI for 6 minutes then P-50 for 10-14 minutes or until the meat is cooked.

Daewoo Electronics Guarantee Conditions

Daewoo Electronics products are guaranteed for 12 or 24 months from the date of original purchase as follows:-

American style side by side fridge freezer	24 months*
Combination frost free fridge freezer	24 months*
Undercounter and tabletop fridges and freezers	12 months
Washing machines	24 months*
Washer dryers	24 months*
Microwave ovens	12 months
Vacuum cleaners	12 months

Any defect that arises due to faulty materials or workmanship will be repaired free of charge during this period.

The guarantee is subject to the following provisions:

- The guarantee does not cover accidental damage, misuse, neglect, tampering or incorrect adjustment, cabinet parts, knobs, software faults or consumable items such as batteries, drive belts or bulbs.
- The liability of Daewoo Electronics is limited to the cost of the repair (or replacement) of the product under the guarantee. Daewoo Electronics disclaims any liability for incidental or consequential damages.
- The product must be correctly installed and operated in accordance with the instructions contained in the manual. It must be used solely for domestic purposes.
- The guarantee will be rendered invalid if the product is resold, has had its serial number removed (or has an invalid serial number), or if an unauthorised person has carried out any repairs or alterations.

The guarantee is in addition to and does not diminish your statutory or legal rights.

For further information regarding your guarantee please see the section at the rear of your instruction manual. In the event of a breakdown please refer to the troubleshooting guide in your instruction manual and check all plugs, fuses and electricity supply.

In the event that you need further assistance please contact Daewoo Electronics Customer Services with your model and serial number, date and place of purchase along with a bref description of the problem.

In the event of there being no breakdown or the product is not within the guarantee period you will be charged for the repair.

If you purchased an extended warranty for your product please contact the provider of the extended warranty directly.